

MEDICAL RECORD

When participating in a trekking, wildlife holiday or river rafting trip, you will be visiting areas where no medical facilities are immediately available. Our Tour Leaders are fully trained in First Aid and we carry a well-equipped First Aid pack. However, if the leader feels that the medical problem is serious and needs professional medical help, he will call the office in Kathmandu and request an evacuation, which will probably be by helicopter. Hence all clients must be insured for this eventuality. At the time of the actual rescue, Insight Himalaya our Nepal partner, will dispatch the helicopter promptly, guaranteeing the payment of the flight. The client will of course, reimburse all payment for the rescue and medical expenses before he or she leaves Nepal. They will also be provided with all necessary documents to present to their respective Insurance Company when they make their claim.

To assist in the event of a medical emergency, please provide us with the specific information requested below. This record is completely confidential and will only be used by Ussher Tours and Insight Himalaya Treks in the event of any medical problems arising.

Name:	
Address:	
Email:	
Passport No: Nationality:	
Blood Group (if known):	

MEDICAL HISTORY

Please state any medical condition which has occurred over the past five years.

Name any diseases/chronic illness:
Hospitalisation:
Major Surgery:
Allergies to Drugs (please name):
Other Allergies:
Dietary Restrictions
Are you under medical care? Please state what medication is being prescribed:
NB The completed form should be sent to cussher@ussher.org
MEDICAL RECORD IN CONFIDENCE WHEN COMPLETED

www.usshertours.com